

## Lotul National Seniori 2025

### Feminin

#### 100m

1	Mihalache, Maria	---	2003	CS Olimpia Bucuresti		100 m	11.58
2	Baboi, Marina Andreea	---	1999	SCM Gloria Buzau		100 m	11.78
3	Bisericescu, Maria Valeria	---	2003	CS Rapid Bucuresti		100 m	11.84
4	Punga, Carolina-Andreea	---	2010	CSM Bucuresti		100 m	11.98
5	Ograzeanu, Andreea Luiza	---	1990	CSM Alexandria		100 m	12.01
5	Greuc, Andreea	---	1994	CS Rapid Bucuresti		100 m	12.01

#### 200m

1	Miklos, Andrea	---	1999	CSM Bucuresti		200 m	23.64
2	Mihalache, Maria	---	2003	CS Olimpia Bucuresti		200 m	23.89
3	Bisericescu, Maria Valeria	---	2003	CS Rapid Bucuresti		200 m	24.02
4	Uta, Alexandra Stefania	---	2007	CS Valcea-1924,CSM Onesti		200 m	24.04

#### 400m

1	Miklos, Andrea	---	1999	CSM Bucuresti		400 m	50.54
2	Lavric, Elena Mirela	---	1991	CSM Bacau		400 m	52.84
3	Uta, Alexandra Stefania	---	2007	CS Valcea-1924,CSM Onesti		400 m	53.58
4	Andrei, Ioana Rebecca	---	2003	CS Atletico Slanic		400 m	53.91
5	Capota, Maria Denisa	---	2006	CSM Bistrita		400 m	53.96
6	Balint, Stefania	---	2006	LPS Brasov,CS Chimia Rm. Valcea		400 m	54.35

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### 100m Garduri

1	Govoreanu, Dana-Maria	---	2003	CS Chim.Rm.Valcea,CS Valcea 1924	100 m.g.	13.17
2	Balaban, Cosmina Denisa	---	2004	CSM Onesti	100 m.g.	13.23
3	Nesteriuc, Anamaria	---	1993	Rapid Bucuresti	100 m.g.	13.39
4	Grigoriou, Iulia Dariana	---	2003	CSU Resita,CS Rapid Bucuresti	100 m.g.	13.41

### 400m Garduri

1	Uta, Alexandra Stefania	---	2007	CS Valcea-1924,CSM Onesti	400 m.g.	57.75
2	Belgvan, Sanda	---	1992	CSU Cluj Napoca	400 m.g.	59.78
3	Coman, Cristina Alexandra	---	2005	LPS Pitesti	400 m.g.	60.35
4	Astefanoaie, Delia Ioana	---	2010	CSM Bacau	400 m.g.	61.37

### 800m

1	Lavric, Elena Mirela	---	1991	CSM Bacau	800 m	2:02.27
2	Balan, Cristina Daniela	---	1998	CS Athletics Timisoara, CSM Craiova	800 m	2:04.70
3	Bobocea, Claudia Mihaela	---	1992	CSA Steaua Bucuresti	800 m	2:05.83
4	Teusan, Tabita	---	2002	CSM Timisoara	800 m	2:06.73

### 1500m

1	Bobocea, Claudia Mihaela	---	1992	CSA Steaua Bucuresti	1500 m	4:12.63
2	Simiuc-Burr, Lenuta Petronela	---	1994	CSM Bacau	1500 m	4:14.30
3	Balan, Cristina Daniela	---	1998	CS Athletics Timisoara, CSM Craiova	1500 m	4:17.79
4	Hudea, Alexandra Maria	---	2006	CSS Medias,CSA Club Mica Roma Blaj	1500 m	4:18.35

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### 5000m

1	Sirbu, Madalina Elena	---	2003	CSM Raraul Cl.M, CSM Ploiesti		5000 m	16:22.10
2	Hudea, Alexandra Maria	---	2006	CSS Medias, CSA Club Mica Roma Blaj		5000 m	16:27.64
3	Blaga, Mihaela Maria	---	2004	CSU Alba Iulia		5000 m	16:48.91
4	Simiuc-Burr, Lenuta Petronela	---	1994	CSM Bacau		5000 m	17:15.26

### 10000m

1	Sirbu, Madalina Elena	---	2003	CSM Raraul Cl.M, CSM Ploiesti		10000 m	34:12.39
2	Dragomir, Liliana Maria	---	1990	CSM Resita		10000 m	34:57.30
3	Hudea, Alexandra Maria	---	2006	CSS Medias, CSA Club Mica Roma Blaj		10000 m	38:50.89
4	Marginean, Iulia Florina	---	2004	CSU Poli Timisoara		10000 m	40:01.31

### 3000m Obstacole

1	Rutto, Stella Jepkosgei	---	1996	CSA Steaua Bucuresti		3000 m.obst.	9:22.36
2	Stavila, Andreea	---	2000	CSM Suceava		3000 m.obst.	9:58.81
3	Blaga, Mihaela Maria	---	2004	CSU Alba Iulia		3000 m.obst.	10:01.02
4	Zaro, Anita Claudia	---	1999	CSU Poli Timisoara		3000 m.obst.	11:14.06

### 20000m Mars

1	Lataretu, Maria-Diana	---	2002	CSM Craiova		20000 m.mars	1:47:17.00
2	Angelescu, Diana Georgiana	---	2000	CSM Suceava		20000 m.mars	1:52:53.00
3	Focan, Elena Andreea	---	2005	LPS Botosani		20000 m.mars	1:53:11.00
4	Tutu, Sorana	---	2003	CSS Barlad		20000 m.mars	2:00:47.00

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## Semimaraton

1	Joan Chelimo MELLY	1990	CS Dinamo Bucuresti   Semimaraton	1:06:58
2	Delvine Relin MERINGOR	1992	CSA Steaua Bucuresti   Semimaraton	1:09:25
3	Monica Madalina FLOREA	1993	CSM Sighisoara   Semimaraton	1:14:57
4	Madalina-Elena SIRBU	2003	CSM Rarau Cl. Moldovenesc   Semimaraton	1:16:33

## Maraton

1	Delvine Relin MERINGOR	1992	CSA Steaua Bucuresti   Maraton	2:24:56
2	Raluca VASILE	1995	CSM Craiova   Maraton	2:44:25
3	Irina FAICIUC	1996	CSM Cluj Napoca   Maraton	2:55:49
4	Andreea Alina PISCU	1996	CS Stiinta Bacau   Maraton	2:56:45

## 5KM Alergare pe Sosea

1	Madalina-Elena SIRBU	2003	CSM Rarau Cl. Moldovenesc	16:27
2	Maria Mihaela BLAGA	2004	CS Athletics Club Mica Roma Blaj	16:45
3	Alexandra Maria HUDEA	2006	CSS Medias	17:42
4	Cristina Daniela BALAN	1998	CS Athletics Timisoara	17:50

## 10KM Alergare pe Sosea

1	Joan Chelimo MELLY	1990	CS Dinamo Bucuresti	30:52
2	Stella RUTTO	1999	CSA Steaua Bucuresti	33:17
3	Liliana Maria DRAGOMIR	1990	CSM Caransebes	35:30
4	Madalina-Elena SIRBU	2003	CSM Rarau Cl. Moldovenesc	35:43

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1	Rotaru-Kottmann, Alina	---	1993	CSA Steaua Bucuresti	lungime	6.94
2	Verman, Ramona Elena	---	2004	SCM Bacau	lungime	6.31
3	Punga, Carolina-Andreea	---	2010	CSM Bucuresti	lungime	6.16
4	Stirbu, Ioana Sabina	---	2003	LPS Iasi	lungime	6.11

### Triplusalt

1	Talos, Elena Andreea	---	1995	CS Rapid Bucuresti, CSM Calarasi	triplusalt	14.35
2	Ion, Diana Ana Maria	---	2000	CSM Onesti	triplusalt	14.23
3	Dossey, Jennifer Stefania	---	2004	CSA Steaua Bucuresti	triplusalt	13.37
4	Vrinceanu, Daria Maria	---	2008	CSS Bacau, SCM Bacau	triplusalt	13.08

### Saritura in Inaltime

1	Stanciu, Daniela	---	1987	CSA Steaua Bucuresti	inaltime	1.88
2	Apostol, Federica Gabriella	---	2003	CSM Bacau	inaltime	1.75
3	Ionescu, Lena Maria	---	2008	CSM Bucuresti	inaltime	1.74
4	Budica, Florentina	---	1995	CSM Craiova	inaltime	1.70

### Saritura cu Prajina

1	Necoara, Valentina Iulia	---	2005	CSM Craiova	prajina	3.80
2	Zarcan, Maria Catalina	---	2010	CSM Onesti	prajina [RN U16]	3.60
3	Dragan, Stefania Andreea	---	1997	CSM Craiova	prajina	3.50
4	Calin, Elena	---	2004	CSS 5 Bucuresti, CSM Craiova	prajina	3.00

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1	Puiu, Beatrice	---	1986	CS Rapid Bucuresti   Heptatlon	5362
2	Matyus Emma Maria	---	2001	CS Rapid Bucuresti   Heptatlon	4787
3	Budica Florentina	---	1995	CSM Craiova   Heptatlon	4535
4	Coserariu Bianca	---	4469	CSS Unirea Iasi, CSM Onesti   Heptatlon	4469

### Aruncarea Ciocanului

1	Ghelber, Bianca Florentina	---	1990	CSA Steaua Bucuresti   ciocan 4kg	74.06
2	Iacob, Alexandra-Maria	---	2006	CSM Onesti   ciocan 4kg	55.45
3	Panaite, Madalina-Andreia	---	2006	CA Roman   ciocan 4kg	52.24
4	Bucataru, Stefania Teodora	---	2007	CS Viitorul Vaslui   ciocan 4kg	50.25

### Aruncarea Discului

1	Lungu, Andreea Iuliana	---	2002	CSM Bucuresti   disc 1kg	51.71
2	Baltazar-Hall, Alexandra	---	2003	CS Dinamo Bucuresti   disc 1kg	48.47
3	Chitu, Daria Maria	---	2006	CSS 6 Bucuresti   disc 1kg	47.01
4	Visan, Ana Maria	---	2006	CS Dinamo Bucuresti   disc 1kg	46.13

### Aruncarea Greutatii

1	Tiganasu, Ioana Diana	---	2000	CS Ceahlaut Pt.Neamt   greutate 4kg	13.98
2	Puiu, Beatrice	---	1986	CSM Bucuresti   greutate 4kg	13.92
3	Visan, Ana Maria	---	2006	CS Dinamo Bucuresti   greutate 4kg	12.86
4	Firtala, Adina Ionela	---	2007	CSM Giurgiu   greutate 4kg	12.82

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## Aruncarea Sulitei

1	Oriaku, Vannessa Valentina	---	2005	CSS Gloria Arad		sulita 0.6kg	50.72
2	Baciu (Plavan), Ioana Valentina	---	1998	SCM Gloria Buzau		sulita 0.6kg	49.68
3	Mihalcea, Denisa-Elena	---	2000	CSS Viitorul Cluj Napoca		sulita 0.6kg	47.60
4	Paruba, Alisia Adela	---	2003	SCM Bacau		sulita 0.6kg	44.81

## Lotul National Seniori 2025

### Masculin

#### 100m

1	Tanase, Marian Valentin	---	1997	CSM Constanta		100 m	10.38
2	Roiban, Cristian Nicusor	---	2000	CSU Resita,CSM Ploiesti		100 m	10.40
3	Birsa, Robert Sebastian	---	2001	CS Farul C-ta,Cs Dinamo Buc.		100 m	10.45
4	Rezmives, Petre Nicolae	---	1997	CSM Ploiesti		100 m	10.47
5	Dringo, Mihai Sorin	---	2001	CSU Oradea		100 m	10.49
6	Marian, Andrei	---	2002	SCM Deva		100 m	10.55

#### 200m

1	Anton, Alin Ionut	---	2000	CSM Onesti		200 m	20.80
2	Tanase, Marian Valentin	---	1997	CSM Constanta		200 m	20.97
3	Voinea, Sorin Alexandru	---	2003	CS Orasenesc Voluntari		200 m	21.14
4	Dobrescu, Mario Alexandru	---	2004	CS Athletic Adjud		200 m	21.18

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1	Dringo, Mihai Sorin --- 2001 CSU Oradea   400 m	45.84
2	Voinea, Sorin Alexandru --- 2003 CS Orasenesc Voluntari   400 m	46.25
3	Parge, Robert --- 1997 CSU Cluj Napoca   400 m	46.51
4	Neacsu, Denis Gabriel --- 2004 CSM Braila   400 m	46.70
5	Dobrescu, Mario Alexandru --- 2004 CS Athletic Adjud   400 m	46.73
6	Vochin, Alexandru Gabriel --- 2005 LPS Pitesti   400 m	47.14

### 110m Garduri

1	Anton, Alin Ionut --- 2000 CSM Onesti   110 m.g. [1.067]	13.58
2	Silvestru, Dragos Alexandru --- 2000 LPS Constanta   110 m.g. [1.067]	14.16
3	Dulcescu, Vlad --- 1995 CS Poli. Iasi   110 m.g. [1.067]	14.22
4	Sendrea, Alexandru --- 2003 CS Orasenesc Voluntari   110 m.g. [1.067]	14.37

### 400m Garduri

1	Dulcescu, Vlad --- 1995 CS Poli. Iasi   400 m.g. [0.914]	51.25
2	Damian, David Stefan --- 2006 CSS Triumf Bucuresti   400 m.g. [0.914]	52.72
3	Esanu, Cristin --- 1995 CSU Cluj Napoca   400 m.g. [0.914]	53.26
4	Harabagiu, Stefan-Valentin --- 2006 ACS Seven Athletic Bucuresti   400 m.g.	55.87

### 800m

1	Coman, Nicolae Marian --- 1996 CSU Arad   800 m	1:48.91
2	Voicu, Cristian Gabriel --- 2001 CSM Bucuresti   800 m	1:49.31
3	Parge, Robert --- 1997 CSU Cluj Napoca   800 m	1:50.40
4	Vidrea, Razvan-Gabriel --- 1995 CSU Arad   800 m	1:50.97

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1	Coman, Nicolae Marian	---	1996	CSU Arad		1500 m	3:43.16
2	Rusu, Dorin Andrei	---	1998	CSM Deva		1500 m	3:44.77
3	Deaconescu, Constantin	---	2006	LPS P.T. Craiova		1500 m	3:48.60
4	Mititelu, Damian Didier	---	2001	CSM Sf.Gheorghe		1500 m	3:50.70

### 5000m

1	Rusu, Dorin Andrei	---	1998	CSM Deva		5000 m	14:45.15
2	Stefan, Lucian Florin	---	2006	CSS Caransebes, AC Mica Roma Blaj		5000 m	14:47.41
3	Gavril, Stefan Iulius	---	1989	CSM Cluj Napoca		5000 m	14:49.62
4	Cont, Vasile Daniel	---	1995	CSU Oradea		5000 m	14:51.35

### 10000m

1	Pop, Dragos Luca	---	2005	LPS Cluj Napoca		10000 m	30:23.23
2	Rusu, Dorin Andrei	---	1998	CSM Deva		10000 m	30:44.43
3	Miklos, Rares Imre	---	1998	CS Municipal Sighisoara		10000 m	30:47.50
4	Gavril, Stefan Iulius	---	1989	CSM Cluj Napoca		10000 m	30:57.78

### 3000m Obstacole

1	Mititelu, Damian Didier	---	2001	CSM Sf.Gheorghe		3000 m.obst.	8:59.43
2	Savlovschi, Mihai Alin	---	2006	CS Medgidia, AC Mica Roma Blaj		3000 m.obst.	9:01.13
3	Atanasoaei, Catalin Constantin	---	1993	CSU Resita		3000 m.obst.	9:15.06
4	Cont, Vasile Daniel	---	1995	CSU Oradea		3000 m.obst.	9:16.97

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1	Mihaila, Narcis Stefan	---	1987	CSU Resita		20000 m.mars	1:30:10.00
2	Gafita, Andrei	---	1996	CSM Suceava		20000 m.mars	1:32:37.00
3	Cocioran, Marius Iulian	---	1983	CSM Resita		20000 m.mars	1:32:57.00
4	Radoi, Pavel Remus	---	1998	CSU Resita		20000 m.mars	1:34:27.00

### Semimaraton

1	Nicolae Alexandru SOARE	1991	CSM Bacau	1:04:20
2	Stefan Iulius GAVRIL	1989	CSM Cluj Napoca	1:06:46
3	Ilie Alexandru CORNESCHI	1991	CSM Craiova	1:06:56
4	Leonard Albert MITRICA	1995	CSM Craiova	1:07:04

### Maraton

1	Nicolae Alexandru SOARE	1991	CSM Bacau	2:17:07
2	Ilie Alexandru CORNESCHI	1991	CSM Craiova	2:22:42
3	Silviu STOICA	1988	CSM Cluj Napoca	2:24:17
4	Marius IONESCU	1984	CSM Craiova	2:26:32

### 5KM Alergare pe Sosea

1	Dragoş Luca POP	2005	LPS Cluj Napoca	14:03
2	Dorin Andrei RUSU	1998	CSM Deva	14:49
3	Lucian ŞTEFAN	2006	CSS Caransebes	14:52
4	Stefan Iulius GAVRIL	1989	CSM Cluj Napoca	14:56

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## 10KM Alergare pe Sosea

1	Dragoș Luca POP	2005	CSM Cluj Napoca	29:43
2	Nicolae Alexandru SOARE	1991	CSM Bacau	29:55
3	Carol POPA	2006	CSM Constanta	30:39
4	Vasile Daniel CONT	1995	CSU Oradea	30:44

## Saritura in Lungime

1	Sandu, Andrei ---	2005	CSM Bucuresti   lungime	7.75
2	Bitan, Gabriel ---	1998	CSM Onesti   lungime	7.71
3	Enache, Andrei Vlad ---	2004	CSA Steaua Bucuresti   lungime	7.69
3	Ciolpan, David ---	2000	LPS Constanta   lungime	7.69

## Triplusalt

1	Grecu, Razvan Cristian ---	1999	CSA Steaua Bucuresti   triplusalt	16.48
2	Nicoara, Razvan-Ioan ---	2003	CSU Oradea   triplusalt	16.13
3	Tache, Alexandru Gheorghe ---	1998	CSM Bucuresti   triplusalt	15.86
4	Boboc, Cristi Nicusor ---	1994	CS Farul Constanta   triplusalt	15.82

## Saritura in Inaltime

1	Dumitrache, Marius Cristian ---	1989	CS Rapid Bucuresti   inaltime	2.14
1	Androne, Valentin Alexandru ---	2001	CS Rapid Buc.   inaltime	2.14
3	Calin, Mihai ---	2007	CSS 5 Bucuresti, CSM Craiova   inaltime	2.05
4	Calin, Andrei ---	2007	CSS 5 Bucuresti, CSM Craiova   inaltime	2.01

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## Saritura cu Prajina

1	Costea, Dacian	---	2002	CSM Craiova,CSM Craiova	prajina	4.60
2	Tabacu, Robert Mihai	---	2000	CSS Dinamo Bucuresti	prajina	4.50
3	Calin, Andrei	---	2007	CSS 5 Bucuresti,CSM Craiova	prajina	4.10
3	Cozmanciuc, Antonie Vlad	---	2006	CSS 1 Pajura Buc.,CS Rapid Buc.	prajina	4.10

## Decathlon

1	Kadar, George-Gabriel	---	2003	CS Satu Mare	Decathlon	6057
2	Silvestru, Dragos Alexandru	---	2000	CSM Constanta,CS Rapid Buc	Decathlon	5330
3	Toader, Alexandru	---	2001	CSM Constanta,CS Rapid Buc	Decathlon	4843
4	Cojocar, Andrei	---	2003	CSM Craiova	Decathlon	3926

## Aruncarea Ciocanului

1	Nicorici, Dragos Ionut	---	2002	LPS Roman	ciocan 7.260kg	70.11
2	Mehes, Cristian	---	2002	CS Crisul Oradea	ciocan 7.260kg	66.06
3	Tamaduianu, Eduard Adrian	---	2003	CSA Steaua Bucuresti	ciocan 7.260kg	61.21
4	Conduraru, Rares Casian	---	2004	CS Viitorul Vaslui	ciocan 7.260kg	54.05

## Aruncarea Discului

1	Firfirica, Alin Alexandru	---	1995	CSA Steaua Bucuresti	disc 2kg	66.07
2	Ursu, Sergiu	---	1980	CSM Craiova	disc 2kg	55.17
3	Ionescu, Matei-Alexandru	---	2003	CS Dinamo Buc., CSM Constanta	disc 2kg	51.97
4	Motorca, Mihai Damian	---	2006	CSS Gloria Arad	disc 2kg	49.34

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### Aruncarea Greutatii

1	Toader, Andrei Rares --- 1997 CS Dinamo Bucuresti   greutate 7.260kg	20.88
2	Musteata, Marius Constantin --- 1997 CSA Steaua Bucuresti   greutate 7.260kg	18.71
3	Bira, Marius --- 2001 CSU Simona Halep,CS Dinamo   greutate 7.260kg	15.35
4	Gherasim, Constantin Catalin --- 2005 CS Ceahlaut Pt.Neamt, CSM Giurgiu   greutate	15.29

### Aruncarea Sulitei

1	Novac, Alexandru Mihaita --- 1997 CSM Bucuresti   sulita 0.8kg	84.04
2	Turcu, Vlad Alexandru --- 2005 L.Teoretic Carei   sulita 0.8kg	74.51
3	Both, Denis Adrian --- 1997 CSM Arad   sulita 0.8kg	71.91
4	Gherasim, Constantin Catalin --- 2005 CS Ceahlaut Pt.Neamt, CSM Giurgiu   sulita	69.00

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