

TIMETABLE

CALL ROOM OPENS	CALL ROOM CLOSES	LEAVE CALL ROOM	ARRIVE AT THE COMPETITION SITE	START	EVENT	PHASE	VICTORY CEREMONY	MEN/ WOMEN
				18.00	Opening Ceremony			
17.43	17.48	17.58	18.00	18.30	Hammer Throw	Final	19.42	M
17.43	17.48	17.58	18.00	18.30	Triple Jump	Final	20.32	W
17.43	17.48	17.58	18.00	18.30	Triple Jump	Final	19.52	M
18.13	18.18	18.28	18.30	18.40	110m hurdles	Heat 1	-	M
17.58	18.03	18.13	18.15	18.45	Javelin Throw	Final	20.12	W
18.23	18.28	18.38	18.40	18.50	110m hurdles	Heat 2	-	M
18.43	18.48	18.58	19.00	19.05	100m	Heat 1	-	W
18.48	18.53	19.03	19.05	19.10	100m	Heat 2	-	W
18.58	19.03	19.13	19.15	19.20	100m	Heat 1	-	M
19.03	19.08	19.18	19.20	19.25	100m	Heat 2	-	M
19.08	19.13	19.23	19.25	19.30	100m	Heat 3	-	M
19.18	19.23	19.33	19.35	19.40	3000m steeplechase	Final	21.36	W
19.38	19.43	19.53	19.55	20.00	3000m steeplechase	Final	21.46	M
19.13	19.18	19.28	19.30	20.00	High Jump	Final	20.57	W
19.13	19.18	19.28	19.30	20.00	Hammer Throw	Final	21.12	W
19.13	19.18	19.28	19.30	20.00	Javelin Throw	Final	21.22	M
19.53	19.58	20.08	20.10	20.20	110m hurdles	Final	21.32	M
19.03	19.08	20.18	20.20	20.30	100m hurdles	Final	21.59	W
19.43	19.48	19.58	20.00	20.30	Long Jump	Final	22.24	M
20.18	20.23	20.33	20.35	20.40	100m	Final	22.08	W
20.28	20.33	20.43	20.45	20.50	100m	Final	22.16	M
20.43	20.48	20.58	21.00	21.05	400m	Heat 1	22.33	W
20.48	20.53	21.03	21.05	21.10	400m	Heat 2		W
20.58	21.03	21.13	21.15	21.20	400m	Heat 1	22.39	M
21.03	21.08	21.18	21.20	21.25	400m	Heat 2		M
21.08	21.13	21.23	21.25	21.30	400m	Heat 3		M
20.43	20.48	20.58	21.00	21.30	Shot Put	Final	23.17	W
20.43	20.48	20.58	21.00	21.30	Discus Throw	Final	23.25	M
21.18	21.23	21.33	21.35	21.40	800m	Heat 1	22.46	W
20.58	21.03	21.13	21.15	21.45	High Jump	Final	23.50	M
21.28	21.33	21.43	21.45	21.50	800m	Heat 1	22.53	M
21.38	21.43	21.53	21.55	22.00	800m	Heat 2		M
21.48	21.53	22.03	22.05	22.10	1500m	Final	23.01	W
21.58	22.03	22.13	22.15	22.20	1500m	Final	23.09	M
21.43	21.48	21.58	22.00	22.30	Shot Put	Final	00.14	M
21.43	21.48	21.58	22.00	22.30	Discus Throw	Final	00.20	W
21.43	21.48	21.58	22.00	22.30	Long Jump	Final	00.28	W
22.13	22.18	22.28	22.30	22.35	3000m	Final	23.34	W
22.33	22.38	22.48	22.50	22.55	3000m	Final	23.42	M
22.53	22.58	23.08	23.10	23.15	4 x 100m relay	Final	23.58	W
23.03	23.08	23.18	23.20	23.25	4 x 100m relay	Final	00.06	M

Note: Please arrive for the award ceremony 15 minutes before the scheduled time.