



**PROGRAM CONCURS**  
**CAMPIONATUL NAȚIONAL DE SALĂ U20**  
07-08.03.2026



**SĂMBĂȚĂ 07.03.2026**

Call-Room	Start	Proba	F/M	Serie/Finala
8.30	8.45	3000m mars	F	
9.00	9.15	5000m mars	M	
9.30	10.00	Greutate	F	
9.30	10.00	Triplusalt	F	
9.45	10.00	60m	F	Seria A
	10.03	60m	F	Seria B
	10.06	60m	F	Seria C
10.05	10.20	60m	M	Seria A
	10.23	60m	M	Seria B
10.10	10.26	60m	M	Seria C
	10.29	60m	M	Seria D
10.15	10.32	60m	M	Seria E
	10.35	60m	M	Seria F
	10.38	60m	M	Seria G
10.35	10.50	400m	F	Seria A (CT)
	10.53	400m	F	Seria B (CT)
10.40	10.56	400m	F	Seria C (CT)
	10.59	400m	F	Seria D (CT)
10.30	11.00	Greutate	M	
10.55	11.10	400m	M	Seria A (CT)
	11.13	400m	M	Seria B (CT)
11.00	11.16	400m	M	Seria C (CT)
	11.19	400m	M	Seria D (CT)
	11.22	400m	M	Seria E (CT)
11.05	11.25	400m	M	Seria F (CT)
	11.28	400m	M	Seria G (CT)
11.10	11.31	400m	M	Seria H (CT)
	11.30	Triplusalt	M	
11.15	11.34	400m	M	Seria I (CT)
	11.37	400m	M	Seria J (CT)
	11.40	400m	M	Seria K (CT)
11.35	11.50	60m	F	Finala
11.40	11.55	60m	M	Finala
11.55	12.10	1500m	F	Finala
12.05	12.20	1500m	M	Seria A (CT)
	12.30	1500m	M	Seria B (CT)
12.05	12.35	Prajina	F	
12.05	12.35	Inaltime	M	
12.30	12.45	Stafeta 4 x 2 tururi mixta	F/M	Seria A (CT)
12.35	12.53	Stafeta 4 x 2 tururi mixta	F/M	Seria B (CT)
13.00	13.30	Prajina	M	

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**DUMINICĂ 08.03.2026**

Call-Room	Start	Proba	F/M	Serie/Finala
9.00	9.30	60mg	F	Seria A
9.20	9.50	60mg	M	Seria A
9.30	10.00	Lungime	M	
9.45	10.00	800m	F	Seria A
	10.05	800m	F	Seria B
10.00	10.15	800m	M	Seria A
10.05	10.20	800m	M	Seria B
10.10	10.25	800m	M	Seria C
10.15	10.30	800m	M	Seria D
10.10	10.40	60mg	F	Finala
10.30	11.00	60mg	M	Finala
10.55	11.10	200m	F	Seria A (CT)
	11.13	200m	F	Seria B (CT)
	11.16	200m	F	Seria C (CT)
11.00	11.19	200m	F	Seria D (CT)
	11.22	200m	F	Seria E (CT)
11.05	11.25	200m	F	Seria F (CT)
	11.35	200m	M	Seria A (CT)
11.20	11.38	200m	M	Seria B (CT)
11.10	11.40	Inaltime	F	
11.25	11.41	200m	M	Seria C (CT)
	11.44	200m	M	Seria D (CT)
11.30	11.47	200m	M	Seria E (CT)
	11.50	200m	M	Seria F (CT)
11.35	11.53	200m	M	Seria G (CT)
	11.56	200m	M	Seria H (CT)
11.45	11.59	200m	M	Seria I (CT)
	12.02	200m	M	Seria J (CT)
11.30	12.00	Lungime	F	
11.50	12.05	200m	M	Seria K (CT)
	12.08	200m	M	Seria L (CT)
11.55	12.11	200m	M	Seria M (CT)
	12.14	200m	M	Seria N (CT)
12.10	12.25	3000m	F	Finala
12.25	12.40	3000m	M	Seria A (CT)
12.40	12.55	3000m	M	Seria B (CT)
12.55	13.10	Stafeta 4 x 2 tururi	F	Seria A
13.05	13.20	Stafeta 4 x 2 tururi	M	Seria A (CT)
13.10	13.26	Stafeta 4 x 2 tururi	M	Seria B (CT)
13.15	13.32	Stafeta 4 x 2 tururi	M	Seria C (CT)

Director concurs: Ion Buliga  
Arbitru judecator: Paul Opris