PROG RAM PROIECT

C.N . JUNIORI U18

| ORA | PROBA | | F/M | | ORA | PROBA | CATEGORIA | F/B |
|---|---|---|---|---|---|---|---|---|
| | **SAMBATA** | | | | | **DUMINICA** | | |
| 8.00 | 5000m mars | Finala | F/M | | 8.45 | 110m garduri | Decatlon | M |
| 8.45 | 2000m obstacole | Finala | F | | 9.00 | Lungime | Heptatlon | F |
| 9.00 | 2000m obstacole | Finala | M | | 9.00 | Prajina | Finala | M |
| 9.00 | Prajina | Finala | F | | 9.00 | Sulita | Finala | F |
| 9.00 | Ciocan | Finala | M | | 9.00 | 3000m | Finala | F |
| 9.15 | 100m | Decatlon | M | | 9.15 | 3000m | Finala | M |
| 9.30 | 100m garduri | Heptatlon | F | | 9.30 | Disc | Decatlon | M |
| 9.35 | 100m garduri | Serii | F | | 9.45 | 400m garduri | sct | F |
| 10.00 | Lungime | Decatlon | M | | 10.00 | Lungime | Finala | F |
| 10.00 | Ciocan | Finala | M | | 10.00 | 400m garduri | Sct | M |
| 10.05 | 110m garduri | Serii | M | | 10.00 | Sulita | Finala | M |
| 10.15 | Inaltime | Heptatlon | F | | 10.15 | 800m | Sct | F |
| 10.15 | 100m | Serii | F | | 10.30 | 800m | Sct | M |
| 10.30 | 100m | Serii | M | | 10.30 | Prajina | Decatlon | M |
| 10.45 | 400m | Serii | F | | 10.45 | 200m | Sct | F |
| 11.00 | 400m | Serii | M | | 11.00 | Greutate | Finala | F |
| 11.00 | Triplusalt | Finala | F | | 11.00 | 200m | Sct | M |
| 11.00 | Disc | Finala | F | | 11.00 | Sulita | Heptatlon | F |
| 11.00 | Greutate | Decatlon | M | | 11.15 | Inaltime | Finala | F |
| 11.25 | 100m garduri | Finala | F | | 11.45 | Lungime | Finala | M |
| 11.30 | Inaltime | | M | | 11.45 | Sulita | Decatlon | M |
| 11.40 | 110m garduri | Finala | M | | 11.20 | Stafeta 100+200+300+400m | sct | F |
| 11.45 | Greutate | Heptatlon | F | | 11.40 | Stafeta 100+200+300+400m | sct | M |
| 11.50 | 100m | Finala | F | | 12.00 | 800m | Heptatlon | F |
| 11.55 | 100m | Finala | M | | 11.45 | Greutate | | M |
| 12.00 | Triplusalt | Finala | M | | 12.30 | 1500m | Decatlon | M |
| 12.00 | Disc | Finala | M | | | | | |
| 12.00 | 1500m | sct | F | | | | | |
| 12.10 | 1500m | sct | M | | | | | |
| 12.20 | Stafeta 4 x 100m | sct | F | | | | | |
| 12.30 | Stafeta 4 x 100m | sct | M | | | | | |
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| | **SAMBATA** | | | | | | | |
| 17.00 | Inaltime | Decatlon | M | | | | | |
| 18.15 | 200m | Heptatlon | F | | | | | |
| 18.25 | 400m | Decatlon | M | | | | | |
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